



# Public Health Bulletin

Department of Health and Human Services

Volume 1, Issue 11

Data for November 1998

*The mission of the City of Long Beach Department of Health and Human Services is to improve the quality of life of the citizens of Long Beach by addressing the public health and human service needs ensuring that the conditions affecting the public's health afford a healthy environment in which to live, work and play.*

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## Quit Puffing Around in Long Beach

If tobacco companies successfully use cartoon characters to entice young people to try smoking, Long Beach's Tobacco Education Program figures it can introduce its own anti-smoking character, "Smoke E. Free," to get the same audience to not try smoking.

On Saturday, November 21, 1998, Smoke E. Free made his grand entrance in a parade onto the Recreation Park stage, led by local area drill teams, drummers and competitive go-carts built by Long Beach youth. The "Smoke E. Free Fest," sponsored by the Long Beach Department of Health and Human Services (Health Department), energized over 350 youth and their families with the tobacco education theme, "Quit Puffing Around!"



influences of tobacco industry advertising by refusing to use tobacco products. "According to the California State Department of Health Services, 73,000 kids get hooked on tobacco every year in California," said Dr. Diana Bontá, director of the Health Department. "Helping our youth to never start smoking is one of the main purposes of our Tobacco Education Program. Studies have shown that if teenagers can be encouraged to resist using tobacco products, it is more likely they will not become smokers later in life."

At the Smoke E. Free Fest, Long Beach youth between the ages of 10 and 17 joined the Smoke E. Free Club and received a free T-shirt.

The Club features a colorful catalog, a membership kit and a monthly newsletter. Each month Club

Smoke E. Free is designed to help teens in Long Beach resist the

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# Communicable Disease Report

Selected Reportable Diseases for the City of Long Beach

Disease	Nov. 1998	Nov. 1997	YTD 1998	YTD 1997
AIDS	19	24	182	209
AMEBIASIS	1	0	12	12
CAMPYLOBACTERIOSIS	7	8	62	88
CHLAMYDIAL INFECTIONS	125	117	1,459	1,338
GIARDIASIS	1	7	16	26
GONORRHEA	38	49	504	477
H. INFLUENZAE	0	0	3	6
HEPATITIS A	9	7	64	159
HEPATITIS B, acute	2	0	13	8
HEPATITIS C, acute	0	0	1	0
MEASLES	0	0	0	0
MENINGITIS, viral (aseptic)	1	7	84	30
MENINGOCOCCAL INFECTIONS	0	1	2	7
NON-GONOCOCCAL URETHRITIS (NGU)	4	17	168	210
PERTUSSIS	0	0	3	2
RUBELLA	0	0	0	0
SALMONELLOSIS	7	13	71	94
SHIGELLOSIS	1	4	60	85
SYPHILIS, primary and secondary	1	0	14	21
SYPHILIS, early latent (<1 year)	0	0	15	10
TUBERCULOSIS	4	7	52	93

## "Quit Puffing Around" (continued from page 1)

members can earn additional free fun gear by participating in a variety of tobacco education activities and projects.

The Fest also featured the O<sub>2</sub> Cool Van, renowned storyteller Michael McCarty, recording artist M.C. BLVD, and music by Mr. CAT Productions. The afternoon entertainment featured dance and teen theater productions by local youth performers.

During 1999, Smoke E. Free will continue to be seen on the streets of Long Beach and will make appearances throughout the community to promote a Smoke Free Long Beach with the theme "Quit Puffing Around!"

For further information, contact the Tobacco Education Program at (562) 570-8508. The TEP is funded by Proposition 99, the 1988 Tobacco Tax Health Protection Act.

## Drinking and Driving Protect Yourself

Last year, 41,967 Americans were killed in motor vehicle traffic crashes; 16,189 fatalities were alcohol-related. That's an average of one alcohol-related fatality every 32 minutes. Over 38 percent of the total traffic fatalities for the year involved alcohol, yet impaired driving deaths and injuries are 100 percent preventable.

With the increased traffic and parties during this holiday season, it's more important than ever that you protect yourself and others against impaired driving.

First of all, don't drink and drive. If you drink, always plan ahead and designate a non-drinking driver. Never ride in a car with someone who has been drinking. And be sure to wear your safety belt.

If you are having a party this holiday season, be a responsible host. Serve a wide variety of beverages, including some that are non-alcoholic. Never serve alcoholic beverages to anyone under 21. Ask alcohol-impaired guests to stay overnight or call a cab to assure them a safe ride home.

Report suspected impaired drivers to area law enforcement from a car phone or pay phone with the license plate number, description of the vehicle, and the direction in which the vehicle was traveling. Keep a safe distance from anyone driving erratically.

Protect yourself and have a wonderful holiday season!

## Health Department Phone Numbers

General Information  
(562) 570-4000  
[www.ci.long-beach.ca.us/health](http://www.ci.long-beach.ca.us/health)

Alcohol/Drug Rehabilitation  
(562) 570-4100

Animal Control Shelter  
(562) 570-7387

Early Intervention Program/  
HIV Testing/STD Clinic  
(562) 570-4315

Environmental Health  
(562) 570-4132

Immunizations/Walk-In Clinic  
(562) 570-4222

Prenatal Clinic  
(562) 570-4217

Senior Center  
(562) 570-3531

Tobacco Education Program  
(562) 570-8508

WIC Program  
(562) 570-4242

The Public Health Bulletin is published as a public health service to interested City of Long Beach residents by the Department of Health and Human Services  
2525 Grand Avenue  
Long Beach, CA 90815  
(562) 570-4000  
[www.ci.long-beach.ca.us/health](http://www.ci.long-beach.ca.us/health)

To be added or removed from the mailing list, please contact Meredith Delaney at (562) 570-4298 or email [medelan@ci.long-beach.ca.us](mailto:medelan@ci.long-beach.ca.us).

This information is available in an alternative format.

Data contained in this publication are considered provisional due to reporting delays.

# AIDS Surveillance Program Data

City of Long Beach Data as of November 30, 1998

<b>3,432 Total Long Beach City AIDS Cases</b>	<b>(2,122 deceased - 62% Mortality Rate)</b>
3,423 Adult Cases	(2,107 deceased - 62% Mortality Rate)
9 Pediatric Cases	(5 deceased - 56% Mortality Rate)

## AIDS Cases by Gender

	#	%
Male	3,251	95
Female	181	5

## AIDS Cases by Race/Ethnicity

	#	%
White, Not Hispanic	2,223	65
Black, Not Hispanic	565	16
Hispanic	576	17
Asian/Pacific Islander	53	2
American Indian/Alaskan	8	<1
Unknown	7	<1

## AIDS Cases by Exposure Category

	#	%
Male-to-Male Contact	2,634	77
Intravenous Drug Use	289	8
Male-to Male Contact and Intravenous Drug Use	274	8
Heterosexual Contact	113	3
Recipient of Blood/Blood Products Transfusion	25	<1
Hemophilia/Coagulation Disorder	12	<1
Mother at Risk (Perinatal Exposure)	8	<1
Risk Not Reported/Other	77	2

# NEW

## Long Beach Comprehensive HIV Planning Group

Beginning in January 1999, the Long Beach HIV CARE Consortium and the Long Beach HIV Prevention Community Planning Committee will be merged into a single local implementation body. This new group, known as the Long Beach Comprehensive HIV Planning Group, will provide collaborative HIV care and prevention planning. The first project of the Planning Group will be the development of a comprehensive HIV plan for Long Beach; this plan will update and combine the existing care and prevention plans.

The Planning Group and/or its committees will meet on the third Wednesday of each month. Meetings are scheduled to include an educational and networking component, and lunch will be provided. Membership in the Planning Group is open to persons living in the Long Beach area, working in HIV related services in Long Beach, or receiving services from Long Beach area HIV agencies. The first meeting of the Planning Group is scheduled for Wednesday, January 20, 1999 (time and location to be determined). To be added to the Planning Group mailing list or for additional information, please contact Jeanne Alongi of the City of Long Beach Department of Health and Human Services at (562) 570- 4383 or email [jealong@ci.long-beach.ca.us](mailto:jealong@ci.long-beach.ca.us).












City of Long Beach  
Department of Health and Human Services  
2525 Grand Avenue, Room 201  
Long Beach, CA 90815












## Public Health Bulletin













### Attention Health Care Providers










The California Code of Regulations, Title 17, Section 2500, requires the report of communicable diseases and conditions. To report a case of a communicable disease, contact the City of Long Beach Department of Health and Human Services Epidemiology Program at 562-570-4302 or by fax at 562-570-4374.









#### Reportable Communicable Diseases


AIDS  
Amebiasis   
Anisakiasis   
Anthrax   
Babesiosis   
Botulism   
Brucellosis  
Campylobacteriosis   
Chancroid  
Chlamydial Infections  
Cholera   
Ciguatera Fish Poisoning   
Coccidioidomycosis  
Colorado Tick Fever   
Conjunctivitis, Acute Infectious of the Newborn   
Cryptosporidiosis 

Cysticercosis  
Dengue   
Diarrhea of the Newborn   
(Outbreaks)  
Diphtheria   
Domoic Acid Poisoning   
Echinococcosis  
Ehrlichiosis  
Encephalitis   
*Escherichia coli* O157:H7   
Foodborne Disease  †  
Giardiasis  
Gonococcal Infections  
*Haemophilus Influenzae*   
Hantavirus Infections   
Hemolytic Uremic Syndrome   
Hepatitis, Viral   
Kawasaki Syndrome  
Legionellosis


Leprosy  
Leptospirosis  
Listeriosis   
Lyme Disease  
Lymphocytic Choriomeningitis   
Malaria   
Measles   
Meningitis   
Meningococcal Infections   
Mumps  
Non-Gonococcal Urethritis  
Paralytic Shellfish Poisoning   
Pelvic Inflammatory Disease  
Pertussis (Whooping Cough)   
Plague, Human or Animal   
Poliomyelitis, Paralytic   
Psittacosis   
Q Fever 

Rabies, Human or Animal   
Relapsing Fever   
Reye Syndrome  
Rheumatic Fever, Acute  
Rocky Mountain Spotted Fever  
Rubella  
Rubella Syndrome, Congenital  
Salmonellosis   
Scombroid Fish Poisoning   
Shigellosis   
Streptococcal Infections   
(Outbreaks of Any Type and Individual Cases in Food Handlers and Dairy Workers Only)  
Swimmer's Itch   
Syphilis   
Tetanus  
Toxic Shock Syndrome  
Toxoplasmosis  
Trichinosis 

Tuberculosis   
Tularemia  
Typhoid Fever  (Cases and Carriers)  
Typhus Fever  
*Vibrio* Infections   
Viral Hemorrhagic Fevers   
~~Water-associated Disease~~   
Yellow Fever   
Yersiniosis   
**OCCURRENCE of ANY UNUSUAL DISEASE**  
**OUTBREAKS of ANY DISEASE**   
Reportable Noncommunicable Diseases/Conditions  
Alzheimer's Disease  
Cancer  
Disorders Characterized by Lapses of Consciousness

 FAX = Report by FAX, telephone, or mail within one (1) working day of identification.

† = Report immediately by telephone when two (2) or more cases or suspected cases of foodborne disease from separate households are suspected to have the same source of illness.

 = Report immediately by telephone.  
All other diseases/conditions should be reported by FAX, telephone, or mail within seven (7) calendar days of identification.